

Let's Make Great Things Happen, Together



Helping People. Changing Lives. Making a Community

Volunteering Opportunities Hotlist September 2017

“Life’s most persistent and urgent question is, what are you doing for others?” – Martin Luther King, Jr

Chest Heart and Stroke Scotland -

Chest Heart & Stroke are looking for volunteers to help out at Raigmore Hospital in Inverness. Around 2 hours a week.

Highland Hospice – Café Volunteers –

In this role, you will work with a partner to provide the best possible service to customers. Volunteers will receive training in use of the till as well as on the coffee making facilities.

British Heart Foundation –

Join BHF new Fundraising Group. From collections to coffee mornings, help bring BHF into your local community.

Oxfam –

Oxfam are currently looking for volunteers for all departments. Hours to suit the volunteer but a minimum of 4 hours. Oxfam specifically need a volunteer for their book and music department, along with people for the till and clothes sorting on a Friday afternoon.

Friendship Services – Befrienders/Visitors

Do you enjoy the company of older people? Do you enjoy listening and chatting to older people about what they did when they were young? If you can spare 1 hour a week, maybe in the afternoons or evenings, Friendship Services would love to hear from you

Friendship Services – Distributing Library Books

The housebound library service requires volunteers to collect books from the library and deliver them to housebound people in the Inverness and Nairn areas.

Aberlour Child Care Trust – Befriender Highlands

Could you spend regular time with a child, sharing a hobby or activity on a fortnightly basis? If you have a genuine interest in the well-being of children and young people and live in the Inverness, Tain or Fort William area then Aberlour would love to hear from you.

Befrienders Highland – Volunteer Telephone Befriender

Befrienders Highland are seeking volunteer telephone befrienders for their memory loss and carers services. Volunteers offer weekly telephone chats which provide social contact as people with memory loss and carers can often be socially isolated and lonely.

Cairn Medical Practice – Communications Lead

Green CHIP's, (Cycle to Health in Inverness) is an active travel project to support safe and health-enhancing cycling for all. They are looking for a volunteer comm's expert to help create a website, Facebook page, press releases, etc.

Chest, Heart & Stroke Scotland – Rehabilitation Support

The aim of the role is to support people who've had a stroke to develop independence and confidence in self-management, to aid them to engage with their community and activities of their choosing to achieve the best recovery they can.

British Red Cross – Event First Aid Service Volunteer

To provide first aid, occasionally life-saving, services to those who need help at public events and to support the ambulance service in accordance with current first aid practice.

British Red Cross – Mobility Aid Spoke Volunteer

A mobility aids spoke volunteer will be on hand to deal with wheelchair requests and enter details onto a database. This key role will enable people to return home after an illness or surgery and help them to remain independent.

Highland One World – Voluntary Board Members

H.O.W are looking for new board members to join their management committee. Do you have a passion for social justice, sustainability, international development or the transformative power of education? If so then they'd love to hear from you.

Contact the Elderly – Volunteer Drivers

Volunteer drivers and reserve drivers to collect older guests once a month on a Sunday afternoon, and accompany them to a party. Contact the Elderly need drivers in both the Inverness and Nairn areas.

Volunteer hosts are also needed, again both Inverness and in Nairn who would provide a tea party on a Sunday afternoon once or twice a year.

Royal Voluntary Service – Meet & Greet Volunteers

The Royal Voluntary Service requires volunteers at Raigmore Outpatients. Duties are 9-12 or 1.30-4pm, Monday – Friday.

If you are interested in any of the roles above or would like to find out more, please contact the Signpost Volunteering Officer, Gail Duff by phone on 01463 711393 or e-mail gail.duff@signpost-inc.org